

2023 Camp Information

This year we will be attending summer camp at USM July 22nd– July 25th. We will be meeting in my classroom on July 22nd at 7:30am to prepare to get on the bus. We will load the bus and leave for camp between 8:00–8:15 am. The cheerleaders don't need to bring extra stuff, so they should be able to get it to their rooms on their own. Camp will end with awards around 12pm on the final day (maybe a little earlier). You may meet us at the dorm to take your child home with you at the end of camp once they have been released by their coach. We will be taking team pictures and making sure that all cheerleaders are out of their rooms before they are released. **There will be a bus that will bring all of us home.** If any times change while we are there, I will use the REMIND text to get that information out. We will stop and eat lunch because our first meal is not given until dinner that evening. They will eat this after we check in for the rooms and then we will head over to the camp together.

Also note that they will not be allowed to carry their cell phones with them during the day at camp and we will be taking them up in the evenings to assure that they will get some sleep. We will give them their phones back during our break times and then we will take them up again at bed check. I would not plan to bring any valuables to the campus; please no Ipads or other expensive devices!

Reminder that these are dorm rooms, so make sure that they have EVERYTHING that they need on the "Things to bring to Camp" list so that they have bedding, towels etc. The cheerleaders will need to bring a little extra money for the UCA store if they want to purchase any of the camp apparel, but this is not mandatory.

Thanks!

Sahara Wilson

(279)–222–0869

RHS Varsity Cheer Coach

Things to Bring to Camp

- 4 camp outfits (shirt , shorts)
- Sport bras (solid white or solid black)
- Cheer Shoes
- Nike crew socks (plain white, at least 5 pair)
- Cheer Uniform
- PJ's
- Undies (bring extra)
- Twin Sheets XL
- Twin Comforter
- Pillow
- Extra blankets
- Flip flops
- towels/washcloth/ hand towels
- deodorant/ body spray
- Soap
- razors/shaving cream
- make -up
- brush/ comb
- Ponytail holders/ clips/ bobby pins
- ALL BOWS
- Tampons/ pads
- Sunscreen/ bug repellent
- Lotion
- toothbrush/ toothpaste
- Water bottle
- Snack for your room (you don't need much)
- Advil/Midol/ allergy medicine
- Chapstick
- Money (for spirit shop & stop on the way home)
- Icee hot/ heating pads
- Braces for injuries
- Big Sis/ Lil Sis Gift
- DO NOT BRING ANY JEWELRY OR ANYTHING OF VALUE
- POSITIVE ATTITUDES (you will need it)

REMEMBER THIS IS A SCHOOL SPONSORED TRIP, SO DO NOT BRING ANYTHING THAT CAN GET YOU REMOVED FROM THE TEAM AND IN TROUBLE WITH THE SCHOOL!!

2023 CAMP ROOMMATES

KORTneIGH	
MeLOdee	ERIHunna
ASHANTI	KAITLYN
AmBER	EmORY
AKAYLA	BReAnna
BRIAnna	AKIA
CARRINGTON	AmiYA
MADISON B.	LAURYN
MADISON W.	PARIS
MCKenzie	London
SHYKIRA	JANIYAH